



Trainee Child/Adolescent Psychotherapists, Trainee Child Counsellors, Trainee Art Psychotherapists – Placement Opportunities (Ealing, Harrow & Newham)

- Hours:** Part-time, 1 or 2 days per week. Term time only (based on 39 weeks per year).
- Location:** Ealing, Harrow or Newham
- Salary:** Voluntary position with fortnightly group supervision included
- Manager:** This role will report to the Counselling Services Manager

Introduction

We are recruiting for Trainee Child/Adolescent Psychotherapists, Trainee Art Psychotherapists or Trainee Child Counsellors to join our partnership, which provides a school-based therapeutic service that benefits the entire school community. The programme implements high-quality support for children and families affected by social, emotional and mental health needs (SEMH).

The programme currently works in primary schools across the London Boroughs of Ealing, Harrow, Tower Hamlets and Newham. Our multi-disciplinary team includes Psychotherapists, Art Psychotherapists, Child Counsellors, Clinical Supervisors and Trainee Therapists, who provide flexible, timely and targeted interventions to improve emotional wellbeing and help children to thrive.

We work in partnership with children, parents and carers, and staff playing an important role in each school's pastoral system, in the knowledge that working together benefits the child.

Our Mission and Values

Mission

We work collaboratively with our school communities to enable all children, young people, parents and carers to access mental health support.

Values

Trust

We build trust by being honest, transparent and accountable in the way we work with children and young people, staff, and partners, and by providing services and programmes whose outcomes are measurable and evidenced-based.

Partnership and Collaboration

Relationships are at the heart of our work. We prioritise communication and collaboration with partners, families and communities, believing that by working together, we create more effective and holistic outcomes for children and young people.

Nurturing

We provide a nurturing approach based on safety and space for creativity, exploration, and growth. We care for our children, young people, parents and staff, and support them in realising their potential.

Impact

We are committed to measuring our impact through quantitative and qualitative data in order to continually improve the service delivery, thus making a greater difference to the lives of children, young people, and their parents and carers.

Job Description

Overview

We are seeking a dedicated individual, who is passionate about helping children achieve their full potential, to join our partnership.

In the role of a Trainee Therapist you will:

- Work with between 2 and 4 children per day
- Be supported on site by the Counselling Services Manager
- Receive fortnightly group supervision
- Have the opportunity to attend multi-disciplinary team meetings, tac meetings, etc
- Have the opportunity to acquire additional CPD by attending our trainings (optional)
- Work with children, parents and teaching staff

Key Responsibilities

Trainee Therapist

- To provide one-to-one therapeutic support to children
- Work with the Counselling Service Manager to monitor and evaluate the impact of the service
- Provide termly reports to school and other multi-agency organisations
- Carry out classroom and playground observations

- Develop relationships with parents and carers demonstrating empathy and flexibility to ensure contact with those that are hard to reach
- Attend yearly Safeguarding Training provided by us
- Ensure your Counselling Services Manager has a full understanding of your course requirements

Safeguarding

- Adhere to the Schools Counselling Partnership's Safeguarding practices, in collaboration with the school's own policy and process, to ensure that safeguarding of the child is paramount
- Work with the School's Safeguarding Lead/s, ensuring all safeguarding concerns are followed through

Person Specification

Knowledge & Qualifications

- Attending an accredited psychotherapy or counselling course recognised by UKCP, BACP, BAAT, HCPC
- Preferable to have some experience of working with children
- Knowledge of attachment in schools, practice and interventions with children, young people and adults

Skills & Abilities

- Excellent time management, planning and prioritisation skills
- Ability to use own initiative and to work autonomously
- Ability to make informed, timely decisions and exercise sound judgement to prioritise actions
- Excellent written and verbal communication skills
- Good IT skills, including Microsoft packages and Outlook
- Ability to quickly establish personal and professional credibility, and build effective relationships
- Ability to work in a variety of settings with culturally diverse families and communities

Attributes

- Personal and professional integrity
- High levels of confidentiality and discretion involving both clients and fellow employees
- Commitment to therapeutic best practice
- Resilient, with a flexible approach and a hands-on attitude
- Positive attitude, with a friendly and approachable manner

- Reflective and keen to learn from past experiences, able to give and receive effective feedback, and to improve personal performance
- Safeguarding**
- Knowledge and understanding of safeguarding best practice, with the ability to respond appropriately to any safeguarding concerns and to contribute to the continual improvement of safeguarding best practice at the Schools Counselling Partnership

Information

- Please make your application by submitting your C.V., along with a supporting statement which clearly demonstrates how you meet the Person Specification criteria. (We will be reviewing shortlisted candidates closely against Person Specification.)
- We are committed to safeguarding and promoting the welfare of children and young people. All roles are subject to safer recruitment practices, and this position will require an Enhanced Disclosure with Barred List check from the Disclosure and Barring Service (DBS)
- Our children and families and staff come from a wide range of backgrounds, and we value the unique contribution that each individual can bring to the Schools Counselling Partnership. We strongly believe that a diverse and inclusive team is vital to our work, and we welcome applications from all sectors of the community. We are especially interested in hearing from individuals who are Black, Asian or from a minority ethnic background
- For further information, an informal discussion or if you require any reasonable adjustments at any stage of the application process, please contact: tmedcalf.307@lgflmail.org